

Housing, Health, and Care Integration

NCASC – 12th October 2017

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"You can not deal
with the people and
their houses
separately."

Octavia Hill

National Context

- **Marmot Review** - need to improve the social determinants of health
- **Health and Social Care Act** - creating Health & Well Being Boards
- **Care Act** - an emphasis on housing/home based solutions
- **Better Care Fund** – promoting integration including Housing
- **Five Year Forward View** – recognising the role of housing - Healthy New Towns
- **Memorandum of Understanding** –Improving Health through the Home
- **Building our Homes , Communities and Futures** – Dec 16 LGA Housing Commission
- **Housing White Paper** – “Fixing our broken housing market” Feb 17
- **Homelessness Reduction Bill**
- **DCLG Supported Housing Green Paper** – 2017?

Improving Health Through the Home - National MoU



- NHS England initiated discussions with the Housing and Care sector
- Published in December 2014
- ADASS hosted the process supported by DH and PHE
- Public Health England taking a lead role

The Cost of Poor Housing

- The cost of poor housing is estimated to be at least £1.4bn p.a. (first year treatment costs only)
- 1.3m homes with Category 1 hazard
- £442m p.a. excess cold
- £131m falls
- >£26m delayed transfer of care – lack of housing
- Only between 4 – 7% of homes are accessible
- Poor housing affects 3.6m children, 9.2m working age adults, 2m pensioners
- 19% of adults in poor housing have poor mental health

Making Housing Count

- Housing is critical to independence and can deliver independent living with less reliance on Health and Care services
- Housing impacts on physical and mental well being and health inequalities
- Housing options have evolved to meet new and emerging demand and aspirations (for Health & Care)
- Contributes to community solutions
- Instrumental in improving outcomes for people, carers, families
- A workforce in touch with communities that can support integrated working and deliver substantial health and social care benefits

Good Practice Examples - Strategic Approaches

- Central Bedfordshire – from a detailed evidence base the Council has developed an Investment Prospectus
- Essex – in collaboration with its 12 District Councils developed an Independent Living Programme (3 schemes completed, one onsite, 6 with planning and 1,400 units in the pipeline)
- North Yorkshire – 15 year strategy has delivered 23 Extra Care schemes with a further 40 planned
- Sunderland – Over 800 units of Extra Care and Supported Living with more in development delivered since 2008 as a result of a long term strategic approach

LGA Housing Commission – Building our homes, communities and future 2016

LGA – Housing our ageing population 2017

Good Practice Example – Learning Disabilities & Transforming Care



Nimrod House, Newham (Look Ahead)

- Developed in 2016 to support the Transforming Care Programme
- Co-designed with customers, carers, families, clinicians and CQC
- Designed for people with complex needs
- Delivering impressive outcomes for individuals with complex, profound, and multiple needs
- Delivering significant efficiencies

Winner - CIH UK Housing Awards 2017 (Outstanding approach to meeting specialist housing needs)

Winner - National Learning Disabilities & Autism Awards 2017 (Supported Housing Award)

Good Practice Example – Derby City Council

Healthy Housing Hub

- Advice and Support
- Prescribed Support
- Healthy Housing Assistance
- Partnership Links
- Evaluation demonstrates positive outcomes and efficiencies

Use of A&E 39.5% reduction	Acute Hospital 53.8% reduction in stays	Admissions 20% fewer hospital admissions
EMAS  reduction in contact and conveyance to hospital	91% of clients still in own homes at 12 months	86.3% felt benefit in health, wellbeing, anxiety, confidence

Highly Commended at The MJ Awards 2013

Good Practice Example – One Housing Group

Step Down Scheme

- Working with London Borough of Camden
- 10 Step down beds in an Extra Care Scheme
- Short Term reablement
- Facilitates early discharge
- Savings of between £400 & £700 per person per week
- 30% reduction in care package

Good Practice Example – Birmingham & Care Villages

Extra Care Charitable Trust

- 5 Care Villages
- Lifestyle, Security, and Care
- Aston University Evaluation
- NHS Costs reduce by 38%
- Social Care savings between 18% and 26%
- 46% Reduction in GP Visits
- 14.8% reduction in Depressive symptoms



Aston Research Centre for Healthy Ageing - 2015

Summary - working with housing is good for you

- Policy Framework is strong
- Poor and inappropriate housing is expensive
- Better housing is an investment in better health and reduced need for care
- Strategic approaches are important
- Evidence of better outcomes for individuals
- Delivers efficiencies
- There are great examples to draw upon